



Day of Education *Rejuvenation*

Jordan Ranch
November 12, 2025



Welcome

from Our CEO

On behalf of the Greater Fayette Community Foundation and the Rural Nonprofit Networking Group, thank you for joining us for the 2025 Day of Education: Rejuvenation - Remember Your Why.

At GFCF, we believe that strong nonprofits build strong communities. The work you do, often quietly and without recognition, creates hope, connection, and opportunity across rural South Central Texas. Yet we know this work can be demanding, and that even the most passionate among us need time to pause, reflect, and recharge.

This year's theme, Rejuvenation, is an invitation to do just that, to reconnect with your purpose, rediscover what inspires you, and renew the energy that fuels your mission. Through the Rural Nonprofit Networking Group, we are proud to provide a space where nonprofit leaders, board members, and volunteers come together to learn, share ideas, and find encouragement in one another.

Thank you for the work you do each day and for taking time to invest in yourself and your organization. When we take time to rejuvenate, we return to our work with greater clarity, strength, and compassion. Together, we are building a stronger and more vibrant future for rural South Central Texas, for good.

With gratitude,



Susannah Mikulin

CEO

Greater Fayette Community Foundation

Agenda



8:00AM - 8:45AM

Registration and Networking

8:45AM - 10:00AM

Welcome & Keynote

10:15AM - 11:30AM

Session Breakout #1

11:30AM - 1:45PM

Lunch & Activities

11:30 - 1:45:

Unleash Your Stress with Birdy & Magic

12:15 - 1:00:

Sound Bath with Doady Rogers

1:00 - 1:45:

Team Building with Lutherhill Ministries

2:00PM - 3:15PM

Session Breakout #2

3:30PM - 4:45PM

Session Breakout #3



August RNNG Meeting



Reignite your purpose.
Reclaim your energy.

Keynote Speaker



Christine Kutnick

The Joy Recipe: Nourishing Your Soul
While Changing the World

Located: [Eagle's Nest](#)

Burnout is real, especially when your heart is in the work. In this uplifting and interactive keynote, Christine Kutnick, CFRE, PCC, nonprofit veteran turned joy coach, shares her signature Joy Recipe: a simple yet powerful framework built on gratitude, connections, values alignment, spirituality, self-care, and a sprinkle of something special (aka the chocolate chip). Through stories, reflection, and actionable tools, you'll reconnect with what lights you up, and walk away with a personal plan to infuse more joy into your life and work. Come ready to laugh, reflect, and fill your cup. You do meaningful work. You deserve to feel good doing it.

Breakout Session 1



Dr. Jerome Socolof & Kate Gigliotti, CRFE

Beyond the Name Tag: Embracing Your Whole Self

Located: Eagle's Nest

Through engaging, interactive activities, participants will explore the diverse facets of their identities beyond their professional roles. By reflecting on personal values, life experiences, and aspirations, attendees will craft a personal mission statement that represents them as whole individuals, not defined solely by their jobs. This session encourages self-discovery and clarity, empowering participants to articulate their unique purposes both within and outside the workplace.

Stephanie Konvicka

Getting Comfortable with Discomfort: Cultivating Nonanxious Leadership in Highly Anxious Times

Located: Legacy Lodge

This session draws on the work of Edwin H. Friedman, who applied family systems theory to organizational leadership, to examine how leaders can navigate and reduce anxiety within their organizations and communities. Participants will explore the traits of unhealthy emotional systems, the importance of self-differentiated leadership, and practical ways to cultivate a calm, non-anxious presence. Through guided reflection, we'll examine how a leader's response can either absorb and amplify chronic anxiety or transform it into lasting positive change. With experience applying Friedman's principles in public education, faith-based organizations, community-led disaster response, and nonprofit settings, the session offers practical insights and strategies for leaders across contexts.

Breakout Session 2



Ray Langlois

Vision Forward: A Reflective Journey with Your Future Self

Located: Legacy Lodge

This guided workshop invites nonprofit professionals to pause, reflect, and reimagine their path forward, both personally and professionally, through a powerful activity called “Letter to Your Future Self.” Participants will take time to explore what life could look like five years from now by answering intentional prompts that guide them through their values, health, relationships, career, legacy, and sense of purpose. The session weaves together quiet reflection, group sharing, and facilitated dialogue to inspire renewed clarity, connection, and motivation. Grounded in the realities of burnout and stress common in nonprofit life, this session offers more than just self-care; it invites participants to reconnect with their “why” and chart a course toward a meaningful future.



Elota Patton

WOOP – Wish, Obstacle, Outcome, Plan – a Mindful Goal Setting Workshop

Located: Eagle’s Nest

Developed by psychologist Gabriele Oettingen and based on twenty years of research in the science of motivation, WOOP presents a unique and surprising idea: The obstacles that people think most impede them from fulfilling their wishes can help them to realize them. WOOP instructs users to dream future dreams and then to imagine what obstacles inside themselves prevent them from achieving these dreams. In research studies, WOOP has helped people reduce stress and increase work engagement, find integrative solutions to problems, and improve time management. It is particularly interesting that, to be effective, the practitioner must experience the obstacle before working on the outcome. Working in this sequence invites introspection as to the real cause of hesitation to move toward the goal. Then, when the outcome is envisioned, solving the problem presented by the obstacle is integrated into the solution.



July RNNG Meeting

Breakout Session 3



Cydney Ervin-Hill

Unraveling Self-Awareness & Building Capacity “Reclaiming Worth Beyond Productivity”

Located: Legacy Lodge

In a culture where our value is often tied to what we produce, how fast we move, and how well we perform, burnout is not just a byproduct... it's a symptom of disconnection from Self.

This session will explore the root of burnout through the lens of worthiness, self-awareness, and capacity. Cydney Ervin, a trauma-informed yoga therapist and BSW, RYT-500, will guide participants to reframe the narratives that equate productivity with purpose and offer a grounded invitation to return home to themselves. Drawing from her work in somatic therapy and community healing, she'll speak to how we can move from performance-based Self-worth to embodied Self-acceptance, not just as individuals but as systems and organizations. This is an invitation to remember your Why by first remembering You.



Craig Moreau

Bridging the Generations: Understanding People, Building Better Teams

Located: Eagle's Nest

Craig Moreau is a retired Senior Captain with the Houston Fire Department and a former Chief of Emergency Management and Homeland Security. Throughout his career, he has also served as CEO and leader of several nonprofit organizations, combining his passion for public safety, community resilience, and service to others.

This dynamic session explores how understanding generational differences can transform the way nonprofits recruit, lead, and inspire. From Generation Beta to the Greatest Generation, Craig will unpack how each group's experiences, values, and communication styles influence their motivations in the workplace and in volunteer service. Participants will gain insight into what drives engagement for Generation Alpha and Z, the collaborative spirit of Millennials, the independence of Gen X, the loyalty of Baby Boomers, and the duty-driven mindset of the Silent and Greatest Generations.

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